

# ***THE MAIN PLACE, INC.***



***Celebrating twenty  
years of coming  
together & building  
better lives for  
ourselves.***

**2018 – 2019  
ANNUAL REPORT**

# 2 locations

## Newark, Ohio

(740) 345 - 6246 | 112 S 3rd St, Newark, OH 43055

## Mount Vernon, Ohio

(740) 392 - 9491 | 117 W High St, Mt Vernon, OH 43050

[info@themainplace.org](mailto:info@themainplace.org)

## Our Mission:

**The Main Place, Inc. is a peer run mental health and wellness center that promotes health and wellness in a safe, secure, nurturing environment. Consumers have access to peer support, socialization, education and training lead by consumers sharing their lived experiences. Through these experiences, equipped to lead healthy lives and participate in their communities.**

117 W  
High St,  
Mt Vernon,  
OH

40 minutes  
25 miles

112 S 3rd St,  
Newark, OH

## From the directors

Cary Loughman

Rhonda Gibson

This past year has been busy and exciting with many challenges and opportunities for positive changes that help all of us here at The Main Place grow personally, professionally, and has provided a boost of momentum as we usher in a new decade.

Here are some highlights of what has been going on here at The Main Place:

**Community Partners:** The Main Place was awarded \$3,450 through a grant from the **Energy Cooperative's Round-Up program** for four new computers to help our staff be more efficient in serving our peers through the services they provide. **Food for the Hungry** in Knox County provided another \$1,000 to supplement the Knox County food budget through which we serve nutritious daily meals to our peers. Can you believe over 10,000 meals were served at our two centers in 2019? This is made possible through generous local organizations like **Licking County Food Pantry** and **Mid-Ohio Food Bank**, which together provide thousands of dollars in food donations to our drop-in centers. **Huntington Bank** also provided \$7,000 from two separate donations as a part of their community giving through the Huntington Foundation. Of course, we also received numerous donations from businesses and individuals in support of The Main Place that is greatly appreciated. The Main Place also gained many new friends through new collaborations with **Denison University**, **Kenyon College** and **Brown Environmental Center**, bringing us interns and student volunteers.

Through all new and existing community partnerships, The Main Place received exposure through four feature newspaper articles, six art installations across both counties, and radio coverage reaching all of Central Ohio.

**Fund Raising:** We held our **1st Annual Glenn Hopkins St. Patrick's Day 5K Run and Fun Walk**, which also featured a sober after party. We hope to attract more and more runners and walkers each year. All funds raised from this event will go toward the construction of an Art Gallery and Education facility that will serve peer artists through art groups, art shows, and a place to display art for sale, as well as host community art events.

**New Adventures:** Our facilities were used in the making of a locally produced movie about addiction called "Not So Different". This project, which was funded by the **Mental Health & Recovery of Licking and Knox Counties**, highlights the important role that Peer Supporters play in the recovery process and the collaboration between agencies in the two counties' service area. The movie will debut in February 2020 and be shown in several venues throughout Licking and Knox Counties.

So, as the 20s are upon us, The Main Place looks forward to continuing its mission of promoting health and wellness in a safe, secure, nurturing environment, where peers have access to peer support, socialization, education, and training lead by consumers sharing their lived experiences. Through these experiences, peers are better equipped to lead healthy lives and participate in their communities.

# Helping people recover through peer support.

## What is peer support?

According to Mental Health America (MHA), peer support is the “process of giving and receiving encouragement and assistance to achieve long-term recovery.” Peer supporters “offer emotional support, share knowledge, teach skills, provide practical assistance, and connect people with resources, opportunities, communities of support, and other people.”

**11,311**  
meals served at  
both locations

**929**  
peers served  
in 2019

## Advocacy with peers

Self-advocacy is promoted and taught at The Main Place by working side-by-side with a Peer Supporter, Case Manager, or Clinician. Members of The Main Place will have opportunities to advocate locally, state-wide, and even nationally by participating in activities such as state conferences, an annual State House Rally for Recovery, local parades, community 5K walks and runs, CIT officer training, radio interviews and the Art of Recovery annual art exhibit.

# Community

BRINGING THE COMMUNITY AT LARGE TO OUR SYSTEM OF CARE.

## Some services include:

Peer Groups (on art, creative writing, anger management, addiction, depression/anxiety, and more)  
Breakfast and Lunch served every weekday  
Housing placement assistance  
Permanent Supportive Housing  
Laundry Facilities  
Shower Facilities  
Community activities  
Trainings & forums

**The Main Place owns and operates four apartment buildings with 27 units located in Licking and Knox Counties.**

The Place Next Door is a permanent supportive housing facility located on the property of The Main Place in Newark. It offers structured, permanent housing for adults with severe and persistent mental illness. About 70 percent of people who are chronically homeless experience a persistent mental illness, according to MHA. It can be difficult for clients to recover while dealing with the obstacles of homelessness.

## EMPLOYMENT OPPORTUNITIES

The Main Place employs 27 members of the community, most of whom have lived experience. Some train to become certified Peer Support Specialists.

THE GLENN HOPKINS  
MEMORIAL SAINT  
PATRICK'S DAY 5K WALK/  
RUN ON MARCH 17, 2019 WAS  
THE BEGINNING OF A NEW  
ANNUAL EVENT.

Glenn Hopkins, previous Executive Director, loved a party and he loved his lime green race shirts and his Wellness Warriors, his names for walkers and runners. We can't think of a better way to preserve his memory and keep his vision alive than to celebrate his life with us by participating in our first annual 5k fundraiser to fulfill his dream of building an Art Studio Space.

**75 - 85%**  
of employees have  
lived experience

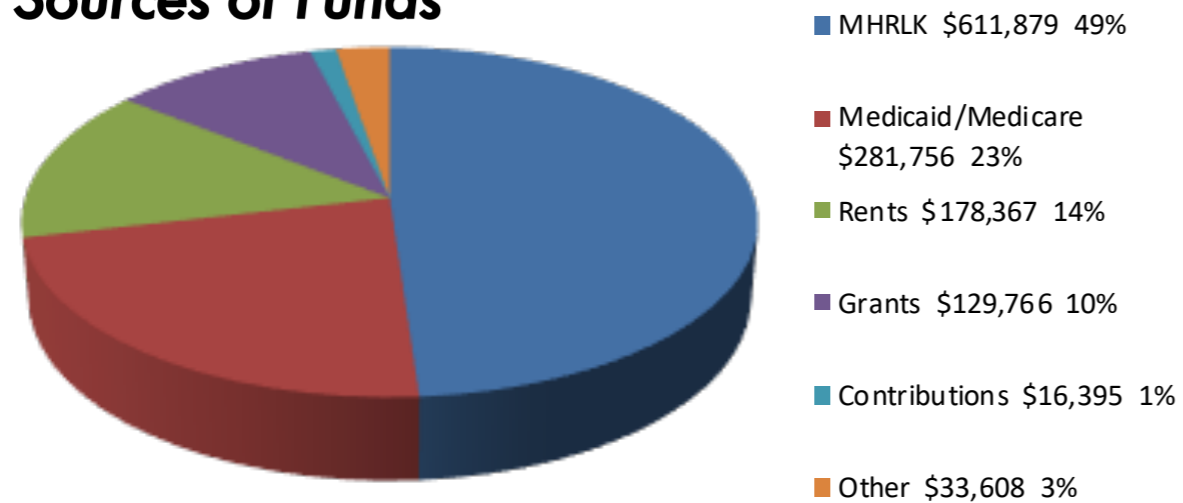
**51%**  
of board members  
have lived experience

## Peer Support Specialists

As a leader in Peer Support in the community and the state, The Main Place offers state certification to all peer supporters through continual training and the opportunity for career advancement.

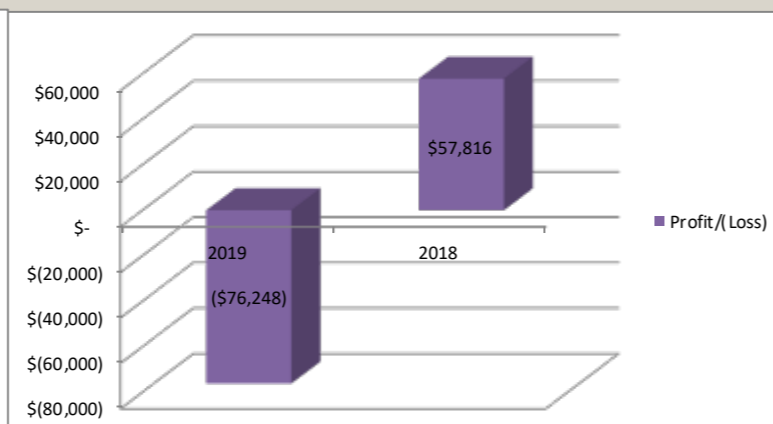
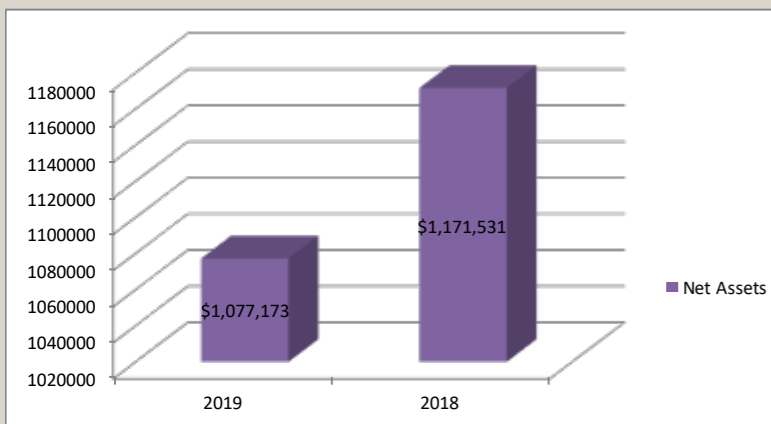
# Financial Information

## Sources of Funds

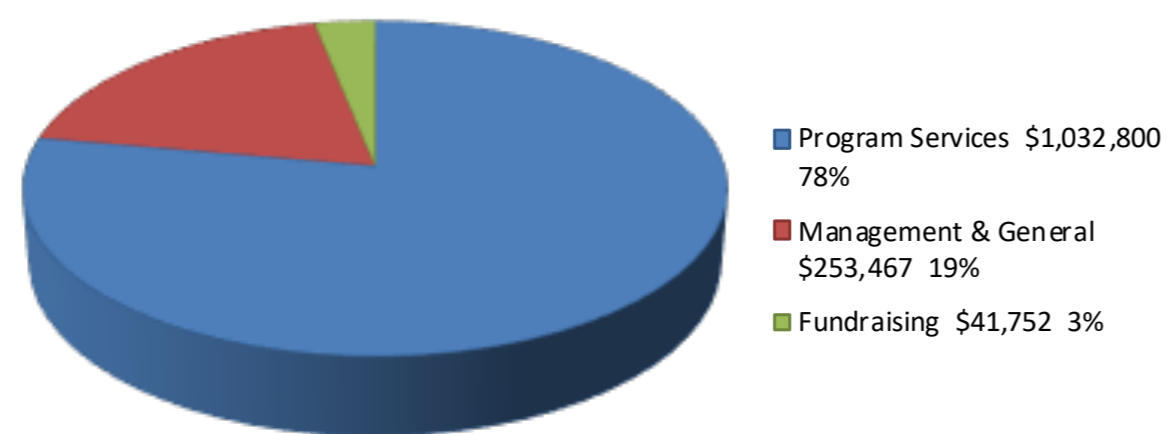


# Partnerships

Denison University  
 Kenyon College  
 The Ohio State University  
 Brown Environmental Center  
 Mount Vernon Nazarine College  
 Central Ohio Technical College



## Uses of Funds



Want to learn more about The Main Place? Point your phone camera here!

# Board of Directors

***John Erickson, Board President***

***Judy Denton***

***Vivian Neiswander***

***Donya Hageman***

***Dawn Pickens***

***Robert Stine***

***Christine Rezos***

***Barry Donald***

***Ceciel Shaw***

***Lauren Long***

