

FEBRUARY

!NEWS!**③**15th CENTER CLOSED UNTIL 11

Monday	Tuesday	Wednesday	Thursday	Friday
BLACK HISTORY MONTH	1	2 GROUNDHOG DAY!!	<u>3</u>	4
	9am- InSPIRE	9am - Boundaries	9am- Men's Group	9am - Positive Thinking
	10am - TBO	10am- BRIDGES	10am - T 4 C	10am - Kick Your Addiction
	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH
	12:30pm- Arts and Crafts	12:15pm- Depression & Anxiety	12:30pm - Open Art	12:15pm- Recovery Cafe
		1:15pm- Women's Group		1:15pm- YOU PICK
<u>7</u>	8	9	<u>10</u>	<u>11</u>
9am - Monday Morning Music	9am- InSPIRE	9am- Boundaries	9am- Men's Group	9am- Positive Thinking
10am - Open Discussion	10am - TBO	10am- BRIDGES	10am - T 4 C	10am- Kick Your Addiction
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH
12:15pm - Recovery W/A Twist	12:30pm- Arts and Crafts	12:15pm- Depression & Anxiety	12:30pm - Open Art	12:15pm- Recovery Cafe
1:15pm - Color Me Crazy		1:15pm- Women's Group		1:15pm- YOU PICK
14 VALENTINES DAY	15 CENTER OPEN @ 11	<u>16</u>	<u>17</u>	<u>18</u>
9am - Monday Morning Music	We will serve lunch	9am - Boundaries	9am- Men's Group	9am - Positive Thinking
10am - Open Discussion		10am- BRIDGES	10am - T 4 C	10am- Kick Your Addiction
11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH	11:30 LUNCH
12:15pm - Recovery W/A Twist		12:15pm- Depression & Anxiety	12:30pm - Open Art	12:15pm- Recovery Cafe
1:15pm- Color Me Crazy	12:30pm- Arts and Crafts	1:15pm- Women's Group		1:15pm- YOU PICK
<u>21</u>	<u>22</u>	23	<u>24</u>	<u>25</u>
9am - Monday Morning Music	9am- InSPIRE	9am - Boundaries	9am- Men's Group	9am- Positive Thinking
10am - Open Discussion	10am - TBO	10am- BRIDGES	10am - T 4 C	10am - Kick Your Addiction
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1:15pm- Color Me Crazy		1:15pm- Women's Group		1:15pm- YOU PICK
28	Happy Groundhog Day!	000		200 2
9am - Monday Morning Music	nappy arounding bay:	Happy Valentine's	Sal	
10am - Open Discussion	SPRING	Valentine's Day	700	
11:30 LUNCH			600	
12:15pm - Recovery W/A Twist			man	(atandMebigital EPS • JPG • PMG
1:15pm- Color Me Crazy		1		1